

EMPOWERING & EQUIPPING YOUNG MOTHERS

YoungMoms inspires and equips young moms to build thriving futures for themselves and their families. We provide comprehensive and individualized services to pregnant and parenting young women ages 21 and younger who live in Southern Chester County, PA.

Many of our participants face huge challenges: incomplete education, poverty, single parenthood, depression, and a general lack of options and opportunities. Participants remain in the program between two and four years, allowing us to assist them in overcoming obstacles which might normally derail their progress in achieving goals. This long-term investment makes YoungMoms unique and life changing.

In addition, under-resourced teen mothers face significant cultural, socioeconomic, and relational challenges as they navigate adolescence and parenting simultaneously. These young mothers also face isolation from peers and the community at large. Our clients often have very limited, if any, familial support.

Our life skills workshops help build community, create a sense of belonging, and provide critical education in a variety of parenting and life areas. While staff and mentors provide ongoing life skills instruction in areas such as healthy relationships, nutrition, and budgeting. These monthly workshops fulfill a key community-building component of our mission, which creates a network of support and resources for young moms as they move through our program.

Our program also benefits the children of young moms. As their mother is reaching her goals and gaining valuable life skills, their child benefits from a more stable environment. The success of our program can be found in the overall improvement of the family unit's quality of life, and the creation of a strong system of economic, education, and basic need support.

Our holistic approach provides the long-term support and resources young mothers need to complete their education, attain financial stability, parent effectively, and reach their potential as women and mothers.

"YoungMoms IS NOT JUST A COLLECTION OF RESOURCES. It's A COMPREHENSIVE SUPPORT SYSTEM."



LETTER FROM OUR EXECUTIVE DIRECTOR

As I write this letter, my one-year anniversary with YoungMoms is quickly approaching. What a privilege it has been to serve as the Executive Director of this wonderful organization, working alongside a team of staff and volunteers who are dedicated to carrying out the mission of YoungMoms with compassion.

We saw change in 2022 including the expansion of our case management team with the addition of two full-time case managers. This increased capacity allowed us to dedicate more time to each client within our program, which is instrumental as we continue to see an increase in the number of clients who have migrated to our area from Guatemala. Often these young women come with very limited, if any, local family support. As a result, our case managers must work much more intensively to provide the support that pregnant and parenting young women need to achieve their life goals and create intergenerational impact. We strive to provide them with a community of other young women to help them not feel isolated and alone. Our team does amazing work each day, equipping and advocating for those who might feel invisible and forgotten.

I am grateful for our group of volunteers who devoted over 1,100 hours of service to Young Moms and selflessly gave their time and expertise for special events, tutoring, administrative needs, fundraising and more. I'm so thankful for the generous funding of hundreds of individuals, churches, businesses, foundations, and the United Way of Southern Chester County. And we couldn't do it without our committed Board of Directors, staff, and community partners who work collaboratively with us every day to make this lifechanging work possible. It's because of you that we can expand our reach, strengthen our partnerships, and help teen moms in our community build thriving futures for themselves and their families.

We are excited to see what the future holds for YoungMoms in 2023 as we expand our goal-setting program to focus on the Eight Dimensions of Wellness. Each young mom in our program will work with their case manager to identify, work towards, and ideally achieve goals in eight areas of their life: Parental, Physical, Educational, Relational, Occupational, Emotional, Spiritual and Environmental. We look forward to seeing what our young moms will achieve and how their achievements will benefit both them and their children.

Thank you for your helping us inspire and equip young moms to build thriving futures for themselves and their families!



VOLUNTEERS

Our volunteers and mentors are critical to the success of YoungMoms. This year alone, they devoted over 1,000 hours of service and selflessly gave of their time and expertise!

Karen Adams Linda Adomat Ana Antonio Luz Ayllon Lorena Baezo-Lara Elizabeth Barksdale Judybeth Bernal Sophia Bosch Jackie Brandt Barbara Brown Jane Burgarella Jean Burke Pat Caplan Leslie Carbajal-Castro Lenda Carrillo Joyce Chance Jennifer Cianci Milena Crippa Kelsey Cunningham Debbie Dart Maddie Day Janet Doll Marianne Dunbar Elise Englund Kathy Espaillat Brenda Filer Deanna Finn Nikole Goddard Jacqui Gray Janet Greene Courtney Grugeon Jen Hahn Colleen Hanna

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Anuradha Truax

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Marcia Upton

Norma Velasquez Marina Velazquez Kristen Weidenmuller Terri Weidenmuller Sierra Wilson Martha Young



2022 AT A GLANCE

COMMUNITY



I FEEL A PART OF A COMMUNITY AT YOUNGMOMS.

"BECAUSE OF
YOUNGMOMS,
I KNOW HOW
TO ADVOCATE
FOR MYSELF
& BUILD NEW
FRIENDSHIPS."



68
YOUNG MOMS

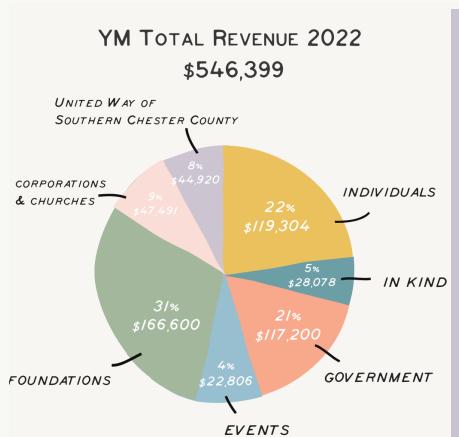
75 CHILDREN

24

LIFE SKILLS

70

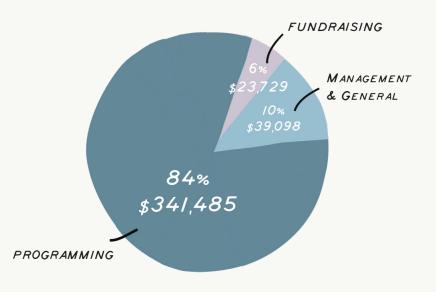
VOLUNTEERS WITH OVER 1,100 HOURS SERVED







YM Total Expenses 2022 \$404,312



THE FINANCIALS

DONORS

Thank you for your support! Our financial supporters enable us to inspire and equip the young mothers in our program.

\$5,000

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United Way of Southern Chester County
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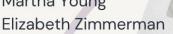
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IN KIND DONATIONS

Every year, dozens of community members donate goods & services to YoungMoms.

Each and every donation, from furniture, clothing, formula, gifts and more, mean so much to our young moms and their families!

Rachel Adams

All About Love Adoptions

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Ashby Hospitality Group

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MEET OUR TEAM



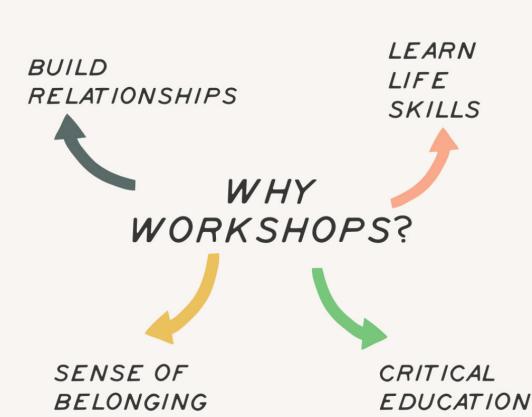
From left to right: **Delfina Castro** Case Manager, **Courtney Taylor** Volunteer Coordinator, **Mary Hewes** Executive Director, **Megan Anderson** Communications & Engagement Lead, **Daicy Canas** Program Director, **Leticia Cruz** Case Manager, **Yajayra Nunez** Case Manager

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While Staff and Mentors
PROVIDE ONGOING LIFE SKILLS
INSTRUCTION IN AREAS SUCH
AS HEALTHY RELATIONSHIPS,
NUTRITION, AND BUDGETING,
THESE MONTHLY WORKSHOPS
FULFILL A KEY COMMUNITY—
BUILDING COMPONENT OF OUR
MISSION. EACH MEETING
CREATES A NETWORK OF
SUPPORT AND RESOURCES
FOR YOUNG MOMS AS THEY
MOVE THROUGH OUR
PROGRAM.



HELP CHANGE A FAMILY'S FUTURE.

Over the past 12 years, YoungMoms has empowered pregnant and parenting young women to stay in school, pursue college education or vocational training, parent more effectively, and make healthy personal decisions.

Investing in young mothers has long-term impacts on their children, families, and the entire community.

You can donate via our website at: www.youngmomschestercounty.org/donate

VOLUNTEER

Volunteers and mentors exponentially expand our impact and effectiveness. Our volunteers devote their time, expertise, and energy for special events, tutoring, life skills workshops, fundraising, and more. Our mentors invest in young mothers by providing ongoing guidance and support, and by building intergenerational friendships.

We can use your help! Check out our website for more information: www.youngmomschestercounty.org/volunteer



YoungMoms
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Kennett, Square PA
855-YNG-MOMS
www.youngmomschestercounty.org
youngmomsks@gmail.com